

Sports Leaders UK Level 1 Award in Dance Leadership

The growing popularity of dance as a recognised physical activity for young people led Sports Leaders UK to establish a dance leadership qualification. Open to learners from 13 years old, there is no upper age limit.

The dance qualification applies the same leadership skills model undertaken by more than 200,000 people every year, enabling successful learners to lead small groups in simple dance activities under direct supervision. Dance Leaders are tested on practical skills: there are no written tests or exams, although many go on to take formal qualifications through dance schools and organisations.

The qualification takes 33 hours to deliver, and requires at least one hour of voluntary leadership activity in the community. The practical nature of the qualification provides a valuable supplement to academic education, and a worthwhile stepping stone to employment and vocational training.

The Sports Leaders UK Level 1 Award in Dance Leadership complements delivery of Key Stage 4 PE (dance activities), GCSE Dance, BTEC in Performing Arts and PHSE. The qualification is a solid foundation for progress to the Sports Leaders UK Level 3 Certificate in Higher Sports Leadership or a National Governing Body qualification in dance teaching.

Trained Dance Leaders provide schools and communities with a valuable resource in the organisation of dance festivals, tournaments, community events and after-school activities. The courses are widely recognised as providing positive engagement for young people, increasing responsibility, self-confidence and community awareness.

Sports Leaders UK awards and qualifications are delivered through a network of Approved Assessment Centres. Increasingly, these centres are becoming open-access or based in community organisations, as well as schools and colleges. For details of courses and centres visit www.sportsleaders.org.

Note to editors:

Sports Leaders UK is a charity delivering sports leadership awards and qualifications to 200,000 people a year, through 4,000 schools, colleges, local authorities, prisons and young offender units. It acts as an Awarding Organisation providing nationally recognised qualifications and has a Foundation that delivers free or subsidised courses in areas of greatest need.

Sports Leaders UK

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