

## PRESS RELEASE



### **Sports Leaders UK Level 1 Award in Sports Volunteering**

The Sports Leaders UK Level 1 Award in Sports Volunteering provides an ideal starting point for learners aged 13 years and over who wish to develop their volunteering skills.

Designed to develop a broad base of volunteering skills that can be used across a variety of sports, the Level 1 Award in Sports Volunteering also helps with learners' own personal development.

The learner will be assessed on their understanding and ability to carry out volunteer roles within a sporting/recreational activity. They do not need any sporting aptitude to take part and will only carry out volunteer work under direct supervision.

The qualification consists of four units of work which add up to an approximate total of 28 hours of learning time. In addition, in order to complete the qualification, the learner must also complete five hours of volunteering at the end of the course. Normally, the learner chooses to volunteer with activities they are comfortable with.

Once qualified, a Level 1 Sports Volunteer is qualified to assist with the running of small events, festivals or fundraisers under the direct supervision of the Tutor/Assessor or another suitably qualified adult.

#### **Note to editors:**

Sports Leaders UK is a charity delivering sports leadership awards and qualifications to 200,000 people a year, through 4,000 schools, colleges, local authorities, prisons and young offender units. It acts as an Awarding Organisation providing nationally recognised qualifications and has a Foundation that delivers free or subsidised courses in areas of greatest need.

**Sports Leaders UK**

E: [media@sportsleaders.org](mailto:media@sportsleaders.org)

Sports Leaders UK, 23-25 Linford Forum, Rockingham Drive, Linford Wood, Milton Keynes MK14 6LY  
Tel: 01908 689 180 Fax: 01908 393 744 [www.sportsleaders.org](http://www.sportsleaders.org)