

## **Sports Leaders UK Level 2 Award in Assisting in Basic Expedition Leadership**

The Sports Leaders UK Level 2 Award in Assisting in Basic Expedition Leadership provides an ideal starting point for learners aged 16 years and over who wish to develop their outdoor leadership skills.

The Level 2 Award in Assisting in Basic Expedition Leadership is a practical qualification in which learners must demonstrate their ability to lead others.

The aim of the qualification is to prepare responsible, motivated and confident leaders that can assist during expeditions in lowland countryside.

The qualification consists of five units of work which add up to an approximate total of 57 hours of learning time. In addition, in order to complete the qualification, the learner must also complete 12 hours of volunteering at the end of the course.

Once qualified, a Level 2 Basic Expedition Leader is qualified under indirect supervision to:

- Plan, prepare and lead under appropriate supervision journeys on foot within well defined boundaries.
- Plan, prepare and lead under appropriate supervision journeying and campcraft activities with a group.

### **Note to editors:**

Sports Leaders UK is a charity delivering sports leadership awards and qualifications to 200,000 people a year, through 4,000 schools, colleges, local authorities, prisons and young offender units. It acts as an Awarding Organisation providing nationally recognised qualifications and has a Foundation that delivers free or subsidised courses in areas of greatest need.

**Sports Leaders UK**

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