

Activity 1) Recap EQUIPMENT

Split group in half by going down the line saying 1, 2, 1, 2 etc.

Ask each group to invent a relay, one using no equipment and the other using lots and lots of equipment.

Recap the impact of different equipment on an activity.

Activity 2) Introduce PEOPLE

Teacher demonstrates a range of different ideas for sorting a group into 2 teams...

- ✓ Get into a line of height order – then split tallest on one team and smallest on other
- ✓ Get into a line of birth date order – then split in half
- ✓ Find a partner and number themselves 1 and 2
- ✓ 2 confident captains to split the group into equal teams and then toss a coin to see who captains which side.

Play a simple over and under race with each pair of teams that are produced through these methods.

Ask children for methods that they have seen or used for getting people into teams.

Discuss the importance of allowing everyone to be involved in an activity to ensure fun and enjoyment.

Discuss the key factors related to numbers that will need to be considered when organising an activity...how many per team, what job or role will they do, what space is available?

Activity 3) The 100 cricket game

Introduce cricket as a game that is notorious for having spare people stood around, not involved.

Allow children to play this version of cricket that has them batting, bowling / wicket keeping, fielding and score keeping in pairs so that everyone has a role to play.

Ask for suggestions of other games that can be played where people have different roles.

Activity 4) Assessment task

In pairs, children choose one activity from a selection of the activity cards that they are shown.

Provide the children with approximately 10 minutes to set up their activity, try it out and work out how they can best explain and demonstrate it.

The children can then lead their activity to their own small group of children, preferably from KS1 or lower down the school.

Evaluate the leadership of these activities from all aspects.

Complete page 4 of the log book with this evaluation to round up the course.

Review each of the 4 factors associated with the STEP principle.

Hand out certificates, t-shirts, young leaders pack etc and explain a little bit about how things will work in their school.

Equipment

- ✓ Mini whiteboard
- ✓ Spots
- ✓ Cones
- ✓ Beanbags
- ✓ 8 x hoops
- ✓ 8 x bean bags
- ✓ 8 x tall cones
- ✓ 2 x ladders (if available)
- ✓ 1 x soft pink ball
- ✓ 2 x tennis balls
- ✓ 2 x skipping ropes
- ✓ 2 x cricket bats
- ✓ 2 x cricket stumps
- ✓ 1 x orange windball
- ✓ 10 x booklets
- ✓ 10 x pencils
- ✓ Young Leader activity cards